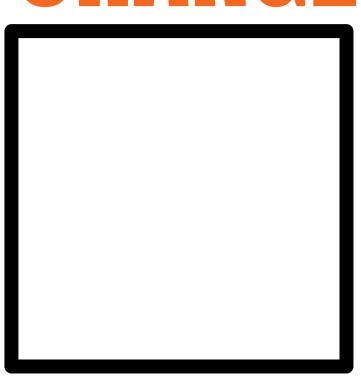
Eat the Rainbow

Can you redraw the pumpkin in the box? Make sure to color it when you're done!





As you color in the C, talk with a grown-up near you about why vitamin C is important and what fruits and vegetables you can eat to get lots of it.

Try to unscramble the words below (Hint: look at the pictures to help)!

gornae

roctar

vtaniim C

echap

