

GARDENING WITH HERBS

Herbs are a great plants to begin the gardening season with. Herbs add a unique flavor and additional nutrients to your dishes and drinks!

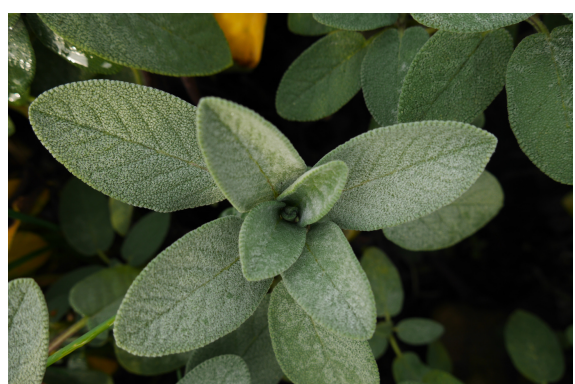
WHAT YOU'LL NEED

- A container or outdoor space to plant and grow your herbs.
- Seeds of your choice.
- Water.
- An area with appropriate sunlight (about 4 hours a day).
- Potting/ gardening soil.

WHEN TO PLANT

- Herbs can be planted outside as early as the beginning of spring, depending on your region.
- Herbs should be planted when all risk of frost has passed, being that they do not do well in colder temperatures.
- It is best to start most herbs inside with seed starter kits 3-4 weeks before the start of spring then transfer them to their permanent homes after, remembering to be cautious of the weather in your area.
- If planting herbs such as rosemary and sage that re-grow every year, make sure that they are sturdy enough before moving outside.
- If planting already grown herbs, be sure to wait until warmer weather arrives before transplanting and/or purchasing.

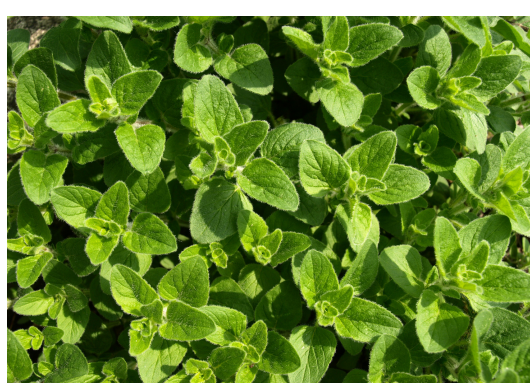
COMMON TYPES OF HERBS



SAGE



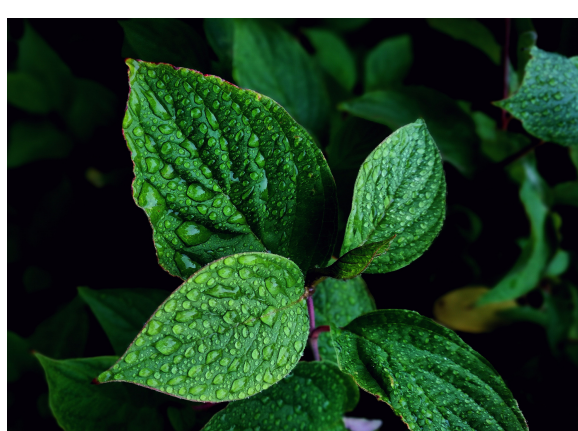
CILANTRO



OREGANO



BASIL



MINT



ROSEMARY

PLANTING

STARTING INDOORS



STARTING OUTDOORS

- Using a seed starting kit, depending on which one (growing pellets are the easiest) follow the directions provided with the kit.
- Place in an area with appropriate sunlight (about 4 hours a day), preferably a windowsill.
- Allow for warm weather or about 4-5 weeks before transferring outdoors.

- If using store bought, already grown plants, be sure that there is fertile, well-draining soil where these plants will be transferred to. (not clay like and hard)
- Make a hole the size and depth of your herb pot, then depot herb plant and transfer to the ground.
- Herbs can be placed side by side for sturdier more full looking plants.

TIP: Herbs can be planted in between flowers and other vegetables to help keep away pests.

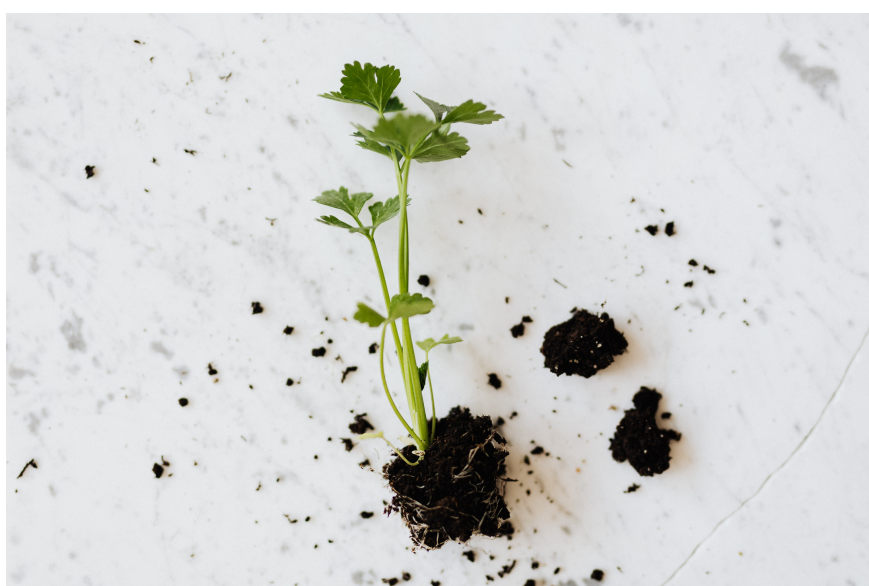
STAYING INDOORS

- Herbs can also do great indoors or planted in a windowsill planter for easy access when cooking.
- The starter kit steps can be avoided if using these methods, and jump straight to putting seeds into the indoor or windowsill planters. (store bought plants can also work for this method.)
- Be sure that these planted have proper drainage holes and the appropriate potting soil.

CARE AND HARVESTING

- Water herbs daily, so that the soil is properly hydrated and moist.
- Harvest about 1x a week, and water the night before planning to harvest so that leaves last longer. (can occur as soon as full leaves appear)
- Be careful when harvesting to not uproot the entire plant, it is best to use garden scissors to prevent uprooting.

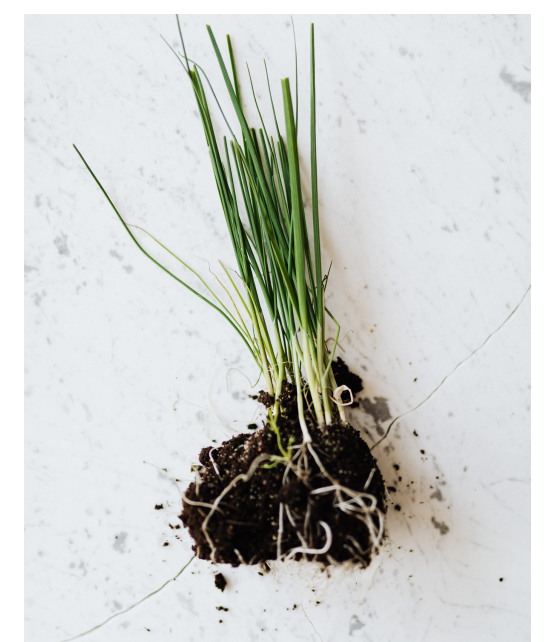
EXAMPLES OF HERB PLANTS



PARSLEY PLANT



THYME PLANT



CHIVE PLANT