



Pear Fruit Donuts

ingredients

- 2 Ripe fresh pears
- .75 Cup yogurt
- Toppings such as:
 - Toasted “O” cereal
 - Strawberries or other berries diced roughly one third cup of berries
 - Pomegranate
 - Sprinkles
 - Green pumpkin seeds (pepitas)
 - Granola

directions

1. Slice your pear into round circles, you will be cutting right through the core.
2. Remove the core of the pear to create an “O” shape. Use a small cookie cutter or melon baller.
3. Using a spatula or the back of a spoon, “frost” your pears with yogurt.
4. Add toppings and enjoy!