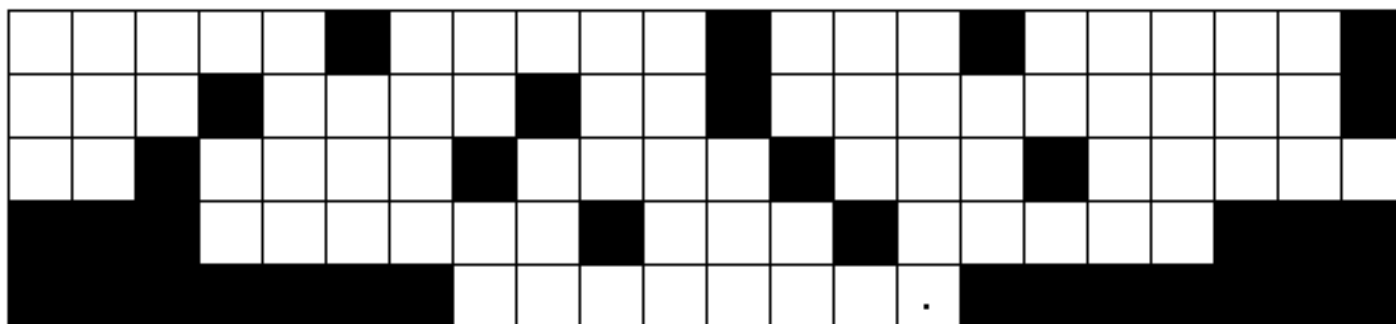


Green Bean Garble!

Green beans are a fun, crunchy summer vegetable that taste great with lots of different foods! Can you solve the puzzle below to find the hidden message about green beans?

How to play:

The letters of the phrase on the board below have fallen to the ground! You have to put the letters back on the board in the correct order to reveal the message. The letters fell directly under the column that they were originally in, but the order may be different!
(Hint: The tricky word "nutrients" is somewhere in the phrase!)



A

E B E K N E A Y E A S

G N H T R L N G O S N D U T E I B N N E

T R E S F L O H E E L P N O U R A E T T S

A O D E N U P L A A F T H R H R T R O T Y S

Social Media Spotlight

What's your favorite way to eat green beans? Share with us @carolinahungerinitiative on Facebook and Instagram and @carolina_hunger on Twitter using #NCHarvestOfTheMonth



Created by [Puzzlemaker](#) at [DiscoveryEducation.com](#)

Camera designed by Freepik at [Freepik.com](#)

This material was funded by USDA's Supplemental Nutrition Assistance program - SNAP.
This institution is an equal opportunity provider.

Answer: Green beans are tasty and full of nutrients to help keep our bones strong and healthy.