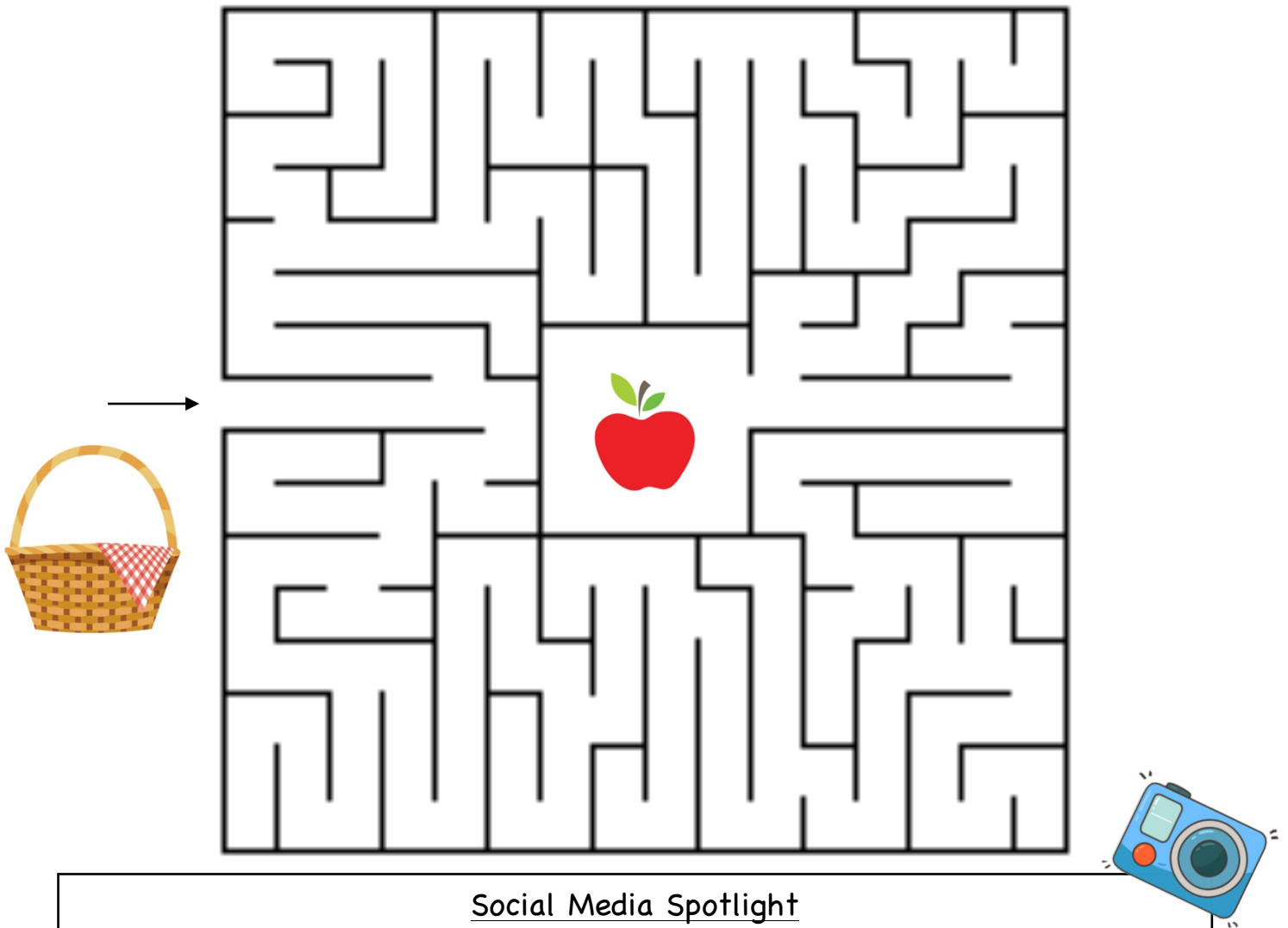


# Apple Picking

Picking apples with friends or family is a fun way to taste the crisp, sweet flavors of fall! Can you find the way to the middle of the apple orchard to pick the juicy apple?



## Social Media Spotlight

What's your favorite kind of apple or apple dish? Share with us @carolinahungerinitiative on Facebook and Instagram and @carolina\_hunger on Twitter using #NCHarvestOfTheMonth

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